



Podcast / Videocast requirement sheet

Time	In	Out	Cost
Eg: 00:25 to 2:13	<i>"the best way to....."</i>	<i>".....results are amazing"</i>	
Podcast / Videocast 1: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$65.00
Podcast / Videocast 2: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 3: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 4: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 5: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 6: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 7: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 8: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 9: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00
Podcast / Videocast 10: ____:____ to ____:____	“ _____ ”	“ _____ ”	\$25.00

e-mail completed form to: content@cikmedia.com.au, **Total:** \$_____

fax to: +61 3 9464 5451

or post along with your disc or tape to: **26 Lantana Avenue
Thomastown, Victoria,
Australia, 3074**